

# SCF UPDATE

The Skagit Community Foundation Monthly Newsletter

MARCH 2017

## CEO's Corner: Where Ideas Have a Place to Grow



Your community. Your foundation. Your ideas are given a place to grow here.

Recently, several of our board members read *The Soul of Money* by Lynn Twist. In it, the author states, "Money is like water. It can be a conduit for commitment, a currency of love." As we spend time reviewing sixty ideas for grant money and marvel at the ingenuity, passion, and creativity our nonprofit organizations bring to the table, we are reminded that our donors continue to be that conduit for providing a long and lasting impact on our community.

With that in the forefront of our minds, we look for ideas that have traction. Ideas that inspire others to lift themselves up. Ideas that inspire our human spirit. In the end we ask: How does this idea serve the common good?

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## Diaper Bank of Skagit Takes Root

Calista Scott and her husband, Dean, recently setup a fund to address the need for disposable diapers in Skagit County among lower income families. Below is a quick interview with them to better understand the impact this fund will have in our community.

### **Beyond the physical needs of the child, what is the impact on the families?**

Calista: Both diaper need and poverty are correlated to toxic stress in families. The children most often served by diaper banks, children under three-years-old, are the poorest age group and the group poverty hurts most, as the first few years of life are crucial for healthy brain development. Children who grow up in an atmosphere of persistent stress may fail to build or maintain important brain connections. These changes have real-life implications and costs: toxic stress is related to poor long term health, social and educational outcomes.

### **Why did you choose the Skagit Community Foundation?**

Calista: Skagit Community provides us an opportunity to help our neighbors. It has a good reputation and keeps the money local. We hope to be able to see the good that the donation will make to our local community.

To learn more about the Diaper Bank of Skagit County or to get involved, [www.classy.org/events/diaper-bank-skagit-county/e117455](http://www.classy.org/events/diaper-bank-skagit-county/e117455).

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Calista Scott, Diaper Bank of Skagit County